

WISCONSIN BEHAVIORAL RISK FACTOR SURVEY, 2002

The 2002 Wisconsin Behavioral Risk Factor Survey (BRFS) provides information based on responses from 4,356 adults (age 18 and older). Results are weighted to represent the 2.9 million adults ages 18-54, and 1.2 million age 55 and older, living in Wisconsin households.

PERCEIVED HEALTH STATUS						
	<i>All Adults</i>		<i>18-54</i>		<i>55 +</i>	
	%	(+/-)	%	(+/-)	%	(+/-)
Health in general is:						
Excellent or very good	57	1	62	2	45	3
Good	31	1	30	2	34	2
Fair or poor	12	1	8	1	21	2
Number of days during the past 30 that you felt....						
...sad, blue or depressed:						
0 days	65	1	62	2	71	2
1-5 days	25	1	27	2	19	2
6-30 days	11	1	11	1	10	2
...very healthy and full of energy:						
0 days	9	1	7	1	14	2
1-5 days	10	1	10	1	9	1
6-30 days	82	1	83	1	78	2
During past 30 days, for how many days did pain make it hard for you to do your usual activities:						
0 days	78	1	79	2	74	2
1-5 days	10	1	11	1	8	1
6-30 days	12	1	9	1	18	2

(+/-) = 95% confidence interval

TOBACCO USE/OPINION						
	<i>All Adults</i>		<i>18-54</i>		<i>55 +</i>	
	%	(+/-)	%	(+/-)	%	(+/-)
Tobacco Use						
Current cigarette smoker *	23	1	28	2	13	2
Percent of smokers who quit smoking 1 day or longer in past year *	57	3	59	3	47	7
Former cigarette smoker	27	1	21	1	43	3
Tobacco Opinions *						
Smoking in indoor work areas should be allowed:						
...without restrictions	1	<1	1	1	1	1
...only in designated areas	29	2	30	2	25	2
...not at all	70	2	68	2	74	3
Smoking in restaurants should be allowed:						
...without restrictions	1	<1	1	1	2	1
...only in designated areas	47	2	50	3	41	4
...not at all	51	2	49	3	57	4
OTHER RISK FACTORS FOR CHRONIC DISEASE						
Overweight (BMI) ‡ *	58	2	56	2	63	3
No leisure-time physical activity in past month	20	1	18	1	25	2
Servings of fruits and vegetables consumed per day:						
...Less than 1	5	1	7	1	2	1
...1-2	36	1	40	2	25	2
...3-4	36	1	34	2	41	3
...5 or more	23	1	20	1	32	2
Health professional has ever diagnosed:						
Asthma	12	1	12	1	11	2
Diabetes	5	1	3	1	11	2

* See Technical Notes

FINDINGS FOR SELECTED YEARS						
	2002		1997		1992	
	%	(+/-)	%	(+/-)	%	(+/-)
Health Screenings						
In the past year had....						
...Pap smear (F)**	62	2	59	3	61	3
...clinical breast exam (F)	69	2	65	3	65	3
...mammogram (F 50+)	66	3	54	4	50	6
Risk Behaviors						
Current cigarette smoker	23	1	23	2	23	2
<i>Males</i>	25	2	26	3	23	3
<i>Females</i>	21	2	21	2	23	3
Overweight (BMI) ‡ *	58	2	55	2	52	3
<i>Males</i>	68	2	65	3	63	4
<i>Females</i>	48	2	46	3	41	3
Always or nearly always use seatbelts when in a car	82	1	81	2	78	2
<i>Males</i>	76	2	74	3	75	3
<i>Females</i>	88	1	87	2	81	3
During the past 30 days had 5 or more drinks on one occasion	25	1	23	2	25	2
<i>Males</i>	36	2	36	3	34	3
<i>Females</i>	14	1	11	2	17	3
During the past 30 days drove after having too much to drink	4	1	5	1	5	1
<i>Males</i>	7	1	9	2	7	2
<i>Females</i>	2	1	2	1	3	1

** Excluding women who have had a hysterectomy

TECHNICAL NOTES

The Behavioral Risk Factor Survey is a representative, statewide telephone survey of Wisconsin household residents 18 years and older. Results are based on self-reports from respondents who are selected through a stratified random sample. Results are weighted to account for both nonresponse and sample design, and to adjust for the age-sex distribution of Wisconsin’s population. The survey was designed by the Bureau of Health Information in cooperation with the U.S. Centers for Disease Control and Prevention. Survey sampling and interviewing were conducted by the University of Wisconsin Survey Center.

In 2002, 2,866 respondents were 18 to 54 years old, and 1,463 were 55 or older. There were 2,245 respondents in 1997 and 1,528 in 1992.

Columns labeled (+/-) indicate the 95% confidence interval associated with each estimate. For example, for all adults whose health is excellent or very good (57%), there is a 95% chance that the actual percentage falls within the range of plus or minus 1 percentage point (56%-58%).

- The Centers for Disease Control and Prevention provided the following definitions:
- **Overweight** is defined by the Body Mass Index (BMI), a calculation (weight in kilograms divided by height in meters squared) using self-reported height and weight. A BMI greater than 25.0 is considered overweight.
 - **Current smokers** are those who smoke currently, either every day or only some days, and have smoked more than 100 cigarettes in their lifetime.
 - The percentage of **smokers who quit for 1 day or longer in past year** is based on those who smoke every day (those who smoke only some days are excluded).
 - A **drink** of alcohol is defined as one can or bottle of beer, one glass of wine, one can or bottle of wine cooler, one cocktail, or one shot of liquor.
 - The prevalence of **diabetes** is likely to be an underestimate because a significant proportion of adults have never been tested.
 - Tobacco opinion questions were asked only from July to December.

Differences in estimates between years, age groups, or sexes may not be statistically significant. For additional information about the BRFSS, call Anne Ziege at 608-267-9821. For other health data, visit our Web site at <http://dhfs.wisconsin.gov/stats/index.htm>. Copies of this report are available at <http://dhfs.wisconsin.gov/stats/BRFS.htm>.

Health Counts
in Wisconsin

New Findings from the Bureau of Health Information

BEHAVIORAL RISK
FACTORS

2002